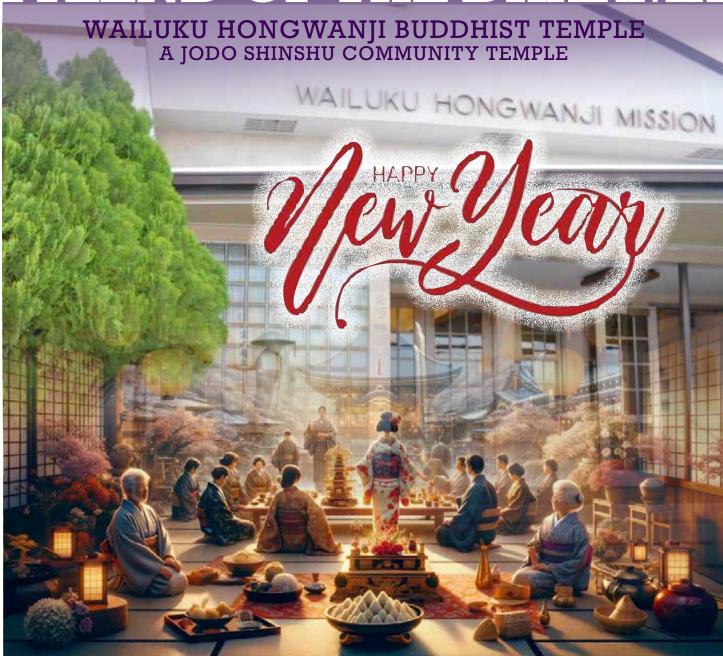


JANUARY 2025 // VOLUME 62

## FRIEND OF THE DHARMA



IN THIS ISSUE

**CPR** Jan. 12th Training Ho-onko Svc.

2025 Shinnenkai & Sokai on January 18th WAILUKU HONGWANJI MISSION 1828 Vineyard Street Wailuku, HI 96793

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# jodo shinshu hongwanji-ha gomonshu's new year's message 2025 New Year's Greeting

Gomonshu Kojun Ohtani



Happy New Year! At the beginning of the New Year, I would like to extend my warm regards to you all.

As in previous years, many people throughout the world have been affected by natural disasters, including earthquakes, floods, and forest fires. I would like to offer my deepest condolences to all who have perished in those calamities. I would also like to express my sympathies to those who

年頭の辞

新しい年のはじめにあたり、ご挨拶申し上げます。

昨年も世界各地で地震や洪水、山火事など様々な災害が起こり、多くの方が被災されました。災 害によってお亡くなりになられたすべての方々に謹んで哀悼の意を表しますとともに、被災された 皆さまに心よりお見舞い申し上げます。皆さまが一日も早く、日常の生活を取り戻されますことを 願っております。

また、2022 年 2 月に始まったロシア連邦によるウクライナ侵攻はいまだに続いており、2023 年 10 月以来の中東における武力衝突でも多くの犠牲者が出ています。私たちは仏教徒として、「すべての者は暴力におびえ、すべての者は死をおそれる。己が身にひきくらべて、殺してはならぬ。殺さしめてはならぬ。」(『ダンマパダ』第 129 偈)というお釈迦様のお言葉を大切にいたしましょう。

この世に生を受けた私たちは、いかなる理由があろうとも等しく人権が保障され、命が脅かされるようなことがあってはなりません。しかし、現実には世界各地で紛争やテロが勃発し、また貧困や政治的・宗教的な対立により、生存の権利が脅かされている人々が数多くおられます。平和主義を掲げる仏教徒であり念仏者である私たちは、お釈迦様のお言葉を深く心に刻み、世の安穏を願われた親鸞聖人のお心を体して、国際社会の平和と安全に大きく貢献することが求められています。

浄土真宗のみ教えをいただく私たちは、阿弥陀さまのおはたらきによって、自分自身の真実の姿を知らされます。それは、自身の思いや欲望にとらわれ、お釈迦様が明らかにされた諸行無常や諸法無我といったこの世界の真実を、そのままに受け入れることができずに悩み苦しむ凡夫の姿です。

しかし、そのような私を教いの目当てとして阿弥陀様ははたらき続けて下さっています。私たちは等しく阿弥陀様から願われた者同士、互いに敬い合い助け合って、困難な社会の課題にも果敢に 取り組んでいくことができます。本年も、阿弥陀さまのおはたらきを聞き、仏教徒として一日一日 を大切に歩んでまいりましょう。

are still coping with the dire situations. It is my sincere hope that all who have been affected will soon be able to return to normalcy. In addition to the continuing Russian invasion of Ukraine that began in February 2022, armed conflict in the Middle East since

October 2023 has intensified, putting a toll on civilians. As Buddhists, let us embrace the words of Sakyamuni Buddha that "Everyone fears violence and is scared of death. In consideration of all life, do not kill and do not make others kill."

We, as human beings who have received life in this world, shall have our human rights equally guaranteed regardless of reason, and must never have our lives threatened. However in reality, conflicts and terrorist attacks have occurred everywhere in the world and for many people, their right to live and exist has been threatened. As Buddhists as well as Nembutsu followers who aspire to achieve peace, we must keep seriously in our hearts the words of Sakyamuni Buddha as well as Shinran Shonin who aspired for a peaceful world in pursuing our endeavor of contributing toward world peace and security.

Through the Jodo Shinshu teaching, we are guided to appreciate Amida Buddha's working that enables us to become aware of our true self. Being caught up in our self-centered thinking and desires, we are unable to accept the Universal Truth of dependent origination and impermanence, and that is why we constantly suffer from our human desires.

Unable to leave us in such a state, Amida Buddha continuously works to lead us to the Dharma. By regarding each individual as a fellow traveler following the same path being guided and embraced by Amida Buddha, we are enabled to respect and help each other while courageously coping with difficult social issues. Let us continue listening and appreciating Amida Buddha's working as Buddhist followers while cherishing each and every day.

#### **ANNOUNCEMENTS**

### Join Our Temple Community Today!

Join us at Wailuku Hongwanji and become a cherished member of our temple community! We embrace diversity and welcome individuals and families from all backgrounds with open arms.

Membership: Support our shared spiritual journey by becoming a regular gojikai member through annual dues; your

contribution ensures the vitality of our community.

**Financial Support:** Everyone's circumstances are unique. If dues present a challenge, reach out to discuss a rate that works for you. Your presence matters most, and we're happy to accommodate.

**Ohana:** Joining our ohana enriches your spiritual journey. Attend services, events, or activities to experience our vibrant community firsthand.

Membership Benefits: Enjoy special rates for temple programs, facility rentals, and a voice in decision-making at meetings. Embrace

the warmth of community and join us today!

#### **HHMH BISHOP'S NEW YEAR'S MESSAGE**

### **Nurturing Nembutsu, Cultivating Awareness**

Reverend Toshiyuki Umitani



As we stand at the threshold of 2025, I am filled with profound gratitude for the Sangha of the Honpa Hongwanji Mission of Hawaii and the spiritual journey we continue to share. The theme for this year, "Nurturing Nembutsu: Cultivating Awareness," reflects not only our collective aspiration but also our personal commitment to deepening our connection with Amida Buddha and fostering a more profound awareness in every aspect of our lives.

The Nembutsu, "Namo Amida Butsu," is much more than a simple recitation. It is the living embodiment of Amida Buddha's

all-embracing Compassion, a compassion that transcends all boundaries we create. No one is left behind. No one is excluded from Amida Buddha's deepest aspiration to save all beings. In this truth, we find solace and strength, knowing that no matter our imperfections or struggles, we are always embraced by the boundless Wisdom and Compassion of Amida Buddha.

Î, too, wrestle with my limitations—foolishness, selfishness, ignorance, and the tendency to judge or discriminate against others. These failings often cloud my perspective, narrowing my view of the world and of others. Yet, despite these limitations, I am continually reminded that Amida's Compassion does not waver. The Nembutsu is my anchor, a reminder that I am welcomed just as I am into the warmth of Amida Buddha's embrace. My heart and mind are nurtured in this space, and in turn, my Nembutsu becomes a living expression of joy, gratitude, and humility for the life I live within this Compassion.

As we are nurtured by Amida's Compassionate voice, we are also called to cultivate awareness. This awareness is not merely intellectual or passive; it is a dynamic and active practice that calls us to wake up to the reality of our interconnectedness. It invites us to see the world with clearer eyes, to recognize the oneness of all life, and to develop a deeper understanding of the truths that shape our existence.

In today's world, where distractions and self-centeredness abound, cultivating awareness becomes even more crucial. It helps us move beyond the narrow confines of our personal concerns, allowing us to see the interdependence of all beings. It teaches us to live more mindfully, to understand the suffering of others, and to act with greater compassion. The gift of the Nembutsu is this awareness—an invitation to step forward, to embrace others with open hearts, and to recognize that we are all held within the same Compassionate Light.

Let us renew our commitment to live a life of Nembutsu. Let us nurture our hearts and minds by participating in temple services and activities, deepening our relationships with the Sangha, and listening to the Dharma. In doing so, we not only deepen our appreciation of the Nembutsu but also cultivate an awareness that allows us to live more fully and purposefully.

As we step forward into 2025, let us move together with hearts full of joy and gratitude infused with awareness. Let us share the joy of Nembutsu with everyone we encounter, and through our mindful living, let us help to build a world that is more compassionate, more aware, and more connected.

I wish each and every one of you a joyful and peaceful New Year. May the light of Amida Buddha continue to shine upon us and guide us always.

Namo Amida Butsu.

#### HHMH PRESIDENT'S NEW YEAR'S MESSAGE

### President's New Year's Message for 2025

Warren Tamamoto



Happy New Year! Akemashite Omedetou Gozaimasu! Hauoli Makahiki Hou! I hope that you and your loved ones are healthy and in good spirits as we look forward

to the New Year, 2025!

As we enter the new year, it is natural to look back at the past year. As I look back at the year 2024, I have many warm and happy memories of family and friends. Wonderful family trips to the mainland USA and Japan. An "epic" hiking trip to Korea. Quiet reflection during temple service on Sunday mornings followed by fellowship and delicious lunches! And for myself, one of the highlights of the year was the memorable weekend we spent at the Triple Celebration (850th/800th/135th) in September, held at the Ala Moana Hotel. There were sad occasions as well, with loss of family and close friends. Reliving memories from the past year, I feel fortunate and I am so grateful for all of the events of the past year. Ichigo ichie. I hope that you feel the same way.

Looking forward to the New Year, I do not know what the future holds for us - as individuals, as a community and as a Buddhist organization. Just think, five years ago no one thought that we would need to survive a pandemic or experience a Maui wildfire. However, in the face of hardship, we persevered. We met the challenges placed before us by caring for each other and by working together. I believe we are stronger as a Buddhist organization because of how we, each one of us, responded to adversity.

Our five year theme which begins in 2025, "Nurturing Nembutsu" reminds us that the Nembutsu is the "core" of our existence. The Nembutsu, expressed as "Namo Amida Butsu"

is our expression of gratitude in awareness of Amida's Compassion. Nembutsu is not just our gratitude, it is our response to Amida's voice which is calling out to each one of us. "Nurturing Nembutsu" reminds us that we nurture the Nembutsu when we share it with others, and in turn we are nurtured by Amida's love for us. Let us be mindful of the all-embracing Amida and continue on this journey together.

"Happiness does not depend on what you have or who you are; it solely relies on what you think." - Buddha

#### WHM MINISTER'S NEW YEAR'S MESSAGE

### A Happy New Year!

Reverend Shinkai Murakami



Namo Amida Butsu

As we welcome the year 2025, let us begin anew by reciting the Amida Buddha's calling voice: Namo Amida Butsu.

The year 2024 was busy but memorable for Wailuku Hongwanji Mission. The memories we've created together have deepened our understanding of the Jodo Shinshu teachings, allowing us to share the wisdom and compassion of Amida Buddha with our children and

extended family (Ohana) here in Maui. Through these teachings, we become more aware of Amida's infinite wisdom, guiding us toward joy and happiness in our lives.

At our temple, during memorial services or visits to the Nokotsu-do, we often receive beautiful flowers. These flowers teach us important lessons—chiefly, the impermanence of life, the beauty of life, and the importance of togetherness. Whether grown from seeds or purchased from a florist, flowers are handled with care and respect. I recently spoke with a florist who, despite sourcing flowers from a wholesaler, treats each bloom with kindness, storing them carefully to ensure their lasting beauty. This same care and appreciation is evident in all that we do at the temple.

When we enter the temple, the fragrant incense calms the mind, symbolizing Amida Buddha's wisdom and compassion, welcoming us with warmth and serenity. The experiences of 2024 remind us that we are constantly receiving Amida's blessings, regardless of who we are, guiding us along the path to joy and happiness.

As we enter 2025, may we come to the temple to receive Amida Buddha's peace and joy through the fragrance of His infinite wisdom and compassion. Throughout our

125-year history, our Nembutsu pioneers have passed down the teachings of Amida Buddha through temple services, activities, and gatherings. Now, it is our turn to share this great value with future generations, always with a sincere heart of gratitude.

In 2025, let us share smiles, kindness, and the sincere heart of Amida Buddha with our Ohana, welcoming all to our Dharma castle. Together, may we rejoice in the spiritual joy and happiness that comes from the dynamic teachings of the Nembutsu.

Shinran Shonin said in the Kyo Gyo Shin Sho: "Other Power is none other than the power of the Tathagata's Primal Vow." The Commentary on the Treatise on the Pure Land further states: "The Power of the Primal Vows... may be likened to an asura's harp, which, though no one strokes it, spontaneously gives forth music." (The Collected Works of Shinran, p. 57, "Other Power" #81 & 82)

May we all be blessed with Amida Buddha's infinite wisdom and compassion throughout the year 2025.

Namo Amida Butsu and a Happy New Year.

# whm board president's new year's message Finding Joy in the New Year

Michael Munekiyo



This past year, the Honpa Hongwanji Mission of Hawaii marked its Triple Celebration—honoring the 800th anniversary of the establishment of the Jodo Shinshu teachings, the 850th anniversary of the birth of Shinran Shonin, and the 135th anniversary of the Honpa Hongwanji Mission of Hawaii. Meanwhile, Wailuku Hongwanji celebrated its 125th anniversary. These milestones provided a meaningful opportunity to reflect on our rich and cherished history, and to honor the individuals and communities who have shaped our lives today.

As we enter the New Year of 2025, we do so with gratitude for our past and a renewed commitment to our Shin Buddhist values of selflessness and compassion. After all, it is these very values—held dear by generations of Wailuku Hongwanji members who came before us—that have made the foregoing celebrations possible.

In reflecting upon selflessness and compassion and their relevance to our contemporary lifestyles, I recalled a simple but unforgettable conversation I had with a temple elder more than 30 years ago. He offered advice on how to develop and maintain business integrity in an island culture. His advice was simple: "No be Greedy".

While his advice was given in the context of growing and sustaining a business, "no be greedy" applies to all elements of daily living. In the New Year of 2025, each of us will encounter conditions and circumstances that challenge our spirit. Not being greedy offers useful guidance for negotiating these challenges. It reminds us that:

• Irreplaceable moments of happiness do not depend on material gain. True joy

often arises from simple, unspoken moments, not from possessions or status.

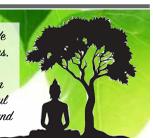
• What you already have—imperfect though it may be—is a source of true gratitude. Disappointment stems from constantly longing for what we don't have. In contrast, "what you do have"—whether it is family, friends, a reliable car, a good doctor, or even a pen that works when you need it—can bring deep gratitude. Appreciating what we have brings us irreplaceable moments of joy.

• Share what you can, no matter how small. Whether it is a bite of a cookie, a kind word, a smile, or even a simple nod of acknowledgment, sharing fosters connection and brings joy to others. These small acts help to expand our Dharma-centered humanity. "No be Greedy". We encounter opportunities to apply and practice this principle each day. Let us experience its joyful outcomes as we journey through the New Year.

Happy New Year!



Thank you for your time, effort, and monetary donations. We are so fortunate to have your support! Through your donations, we continue to service multiple temple programs and work towards securing our future by accomplishing many goals in our 2030 Modernization Strategy. We are extremely grateful for any and all donations towards helping our congregation and advancing our community-minded efforts.



Pamela Miyagawa & Sharon Higa

#### 125TH ANNIVERSARY

Jonathan Lau Roy & Lily Masuda Linda Shibano - In memory of Riichi & Ura Shibano Lyle & Charlotte Wilkinson Lloyd & Linda Yonemura

#### **EITAIKYO**

Ronald Hamai & Gail Iwamoto-Hamai Wayne & Kay Hedani - In memory of Naoyuki Uradomo Linda Shibano - In memory of Tom Shibano

Stephen & Farron Cabral Grace & Teri Hamasaki Sandra Hirata Eric & Kathy Ikeuchi Janet Kubota Gary Murai Nancy Shimoda Toshiko Sugiki Florence Tanaka Raymond & Betty Toyama Elaine Yokoyama

Alvin & Martha Fukunaga Brian Hashiro Margaret Honda Hideo & Joyce Kawahara Lester Kunimitsu Richard Ouchi Takeo Shishido Edward & Joan Tamori Mary Tamiko Tokumaru Lydia Yamaguchi

#### **OFUSE**

Steven & Robyn Deeks - In memory of Isamu Iwaishi Glenn & Dawn Mukai - In memory of Fujio Uradomo & Naoyuki Uradomo

#### **NOKOTSUDO**

Wilfred Ageno - In memory of Shizue Ageno & Jean Ageno Jamie Kanemitsu - In memory of Ronald Kanemitsu & Haruko Kanemitsu Clyde Maeda - In memory of the Tashiro Family Robert Matsumoto - In memory of Hitoshi & Shizuko Matsumoto Edwin & Thelma Seki - In memory of Tomeichi Seki Randall Uyeno - In memory of Juichi & Ichiyo Kadoyama

#### DANA AWARD

Layne & Shari Manabe S.T. Nunokawa L.K., R.F., S.T. Nunokawa

#### **HONOTOMO**

Roy & Lily Masuda

#### **KYODAN**

Eugene & Beryl Bal - In memory of Masae Murakami & Itsuyo Kusuda Wayne & Kay Hedani - In memory of Naoyuki Uradomo

> Alan & Faith Nakamoto Katsuaki & Helene Ogawa

Terrance & Aline Takahashi - In memory of Masae Murakami & Itsuyo Kusuda

Sarajean Tokunaga - In memory of Alice Tokunaga Raymond & Betty Toyama - In memory of Kristi Shintaku, and Yoshio & Yukie Inaba Lloyd Uradomo - In memory of Naoyuki Uradomo

#### NEW YEAR'S SOKAI

\*\*\*

Ed Fujinaka Linda Ann Unemori Alvin & Sandra Yoshimori

Dennis Ouchi Shinyei Yogi Kenji Yoshizawa

#### SOCIAL CONCERNS

Ronald Hamai & Gail Iwamoto-Hamai Grace & Teri Hamasaki

Ethel Fujii Lester Kunimitsu Elaine Yokoyama Sandra Hirata Gary Murai Earl Zaan

#### MISCELLANEOUS DONATIONS

Anonymous – Altar flowers, Assorted snacks, Plastic straws, Brown paper bags, Assorted wish list items, Newspaper, Yard & campus maintenance

Richard & Amy Blue – *Yard landscaping & maintenace* Cubs – Temple yard & Campus cleanup

Dharma Strummers – *Sunday service music* 

Margaret Honda – Altar flowers, Nokotsudo & Flower cleaning, Office support HOSHA Gang - Temple & Nokotsudo cleaning

> Eric Ikeuchi – Campus maintenance Calvin & Teri Kaneda - Altar flowers

Janet Kubota – Yard maintenance

FT - Campus maintenance & Yard cleaning

Jeral & Karlynn Fukuda – Altar flowers

Alvin & Martha Fukunaga – Altar flowers

Carol Mae Kurisu – Altar flowers

Machiko Moriyasu – Altar flowers, Altar flower arrangements, Office support

Minae Murakami – Sunday service organist Mike Nishimoto – *Yard landscaping & maintenance* 

Celeste Rabang – Office support Nancy Shimoda - Nokotsudo & flower cleaning, office support Dale Sugiki – Sunday service organist Toshiko Sugiki - Office support

Ed & Joan Tamori – Altar flowers & yard maintenance

Mary Tokumaru - Office support

Danny Topp - Audio/Visual support for services, workshops, meetings, and events

Linda Ann Unemori – Office support

If you would like to donate to any services or programs, please make checks payable to Wailuku Hongwanji Mission and send to Wailuku Hongwanji Mission at 1828 E Vineyard St. Wailuku, HI 96793. If you would like to volunteer time on any of the upcoming or ongoing projects, please contact the office at (808) 244-0406, Monday-Friday between 8:00am and 12:00pm.









We have a variety of fun-filled activities for scouts to learn skills, earn badges, build camaraderie, and help the community - all while having fun!

### **OUR ACTIVITIES**

- Pinewood Derby
- Holiday Events
- · Raingutter Regatta
- Overnight Camping

### CONTACT US







808.870.3493



wailukupack40@gmail.com



🕐 Wailuku, Maui, Hawai'i

#### YOUTH ORGANIZATIONS

### Cub Scouts' Fall Activities: Community & Fun!

Kawika Beauchamp & Paul Petro

In November, our Cub Scout Pack had the privilege of participating in the exciting Cast Iron Chef activity, led by Chef Carl Yeh. The Webelos had a hands-on experience preparing HOBO packs, learning not only how to cook a delicious meal over a campfire but also essential safe food handling practices. They were introduced to fire safety and had the chance to learn how to start a fire using flint and steel, gaining valuable skills for outdoor adventures. It was an educational and fun-filled session that allowed the Scouts to develop confidence in their cooking and survival skills.

Later in the month, our Pack gathered for a cozy movie night in the social hall, where the Scouts watched "Diary of a Wimpy Kid." While enjoying the movie, they also worked on

crafting thoughtful ornaments for the residents of Hale Makua, a small but meaningful gesture to bring some holiday cheer to the elderly in our community. The Scouts savored the evening with a fully stocked hot chocolate bar, offering a variety of toppings to make the perfect warm treat.

November was a month full of handson learning, creativity, and community service, helping to build lasting memories and strengthen the bonds between the Scouts and their families.















### WAILUKU HONGWANJI PRESCHOOL

144 Kaniela Street, Wailuku, Hawaii 96793 \* Phone: (808) 244-9545 Email: <u>whpreschool808@gmail.com</u> \* Hours: Mon-Fri, 7:30am - 4:30pm

Jody Vinoray

### **HIRING: Preschool Teacher**

#### **Contact:**

Wailuku Hongwanji Preschool at (808) 244-9545 or email whpreschool808@gmail.com

#### Working Hours:

Monday - Friday 7:30am - 4:30pm

#### **Requirements:**

- AS Degree in ECE/CDA
- 6-12 months classroom experience working with children ages 3-5 yrs old
- Creativity & Flexibility
- Infant/Child CPR & First Aid Certification

#### REGISTRATION

**Regular Session:** August to May

**Summer Session:** June to July

Closed during public school holidays and breaks, except teachers' institute day and teachers' end-of-semester day

#### **Contact Information:**

Phone: (808) 244-9545

Email: whpreschool808@gmail.com
Site: https://www.wailukuhongwanji.org/

index.php/preschool

#### **EDUCATION**

### Dharma School: Glorious Bodhi Day Service!

Joan Tamori; Photos by Krystle Beauchamp

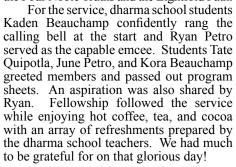


Tate, June, and Kora are happy to be greeters and program helpers



Imagine looking up at green ridged mountains against a sunny blue sky while participating in an outdoor service! About 35 dharma school students and church members experienced just that on Sunday, December 8, in observance of Bodhi Day. After unsuccessful attempts due to the pandemic and rainy years, the dharma school was finally able to hold the service at Kepaniwai Heritage Gardens in Iao Valley amidst the natural beauty of the bamboo and monkeypod trees, koi pond, tea house and Japanese garden.

In his message, Rev. Shinkai Murakami spoke of Prince Siddhartha who yearned to learn the truth of suffering. He left his life of luxury to seek the truth by undergoing difficult ascetic practices. Being unable to seek salvation in that manner however, he meditated under the Bodhi tree and after 49 days, became Shakyamuni Buddha, the Enlightened One. He spread his teachings of the Four Noble Truths and the Eightfold Path.





Ryan opens the service as Rev. Murakami looks on.







Members offering incense...



Members offering incense...





#### YOUTH ORGANIZATIONS

### Sakura 4-H Clubs - The Clover Report

Sammy Takamura

#### **ANNOUNCEMENT**

### CPR Training on Jan. 26, 2025

Farron Cabral



Aloha Girls 4-H group welcomes you to attend a free CPR training hosted by Shiloh Cabatingan-DeGuzman.

When: Sunday, January 26, 2025 **Time:** 9:30am - 11:30am

Where: Wailuku Hongwanji Mission Conference Room (Above Social Hall) What: CPR Training (note this is not a certification course)

Shiloh is a certified American Heart Association trainer for 6 years and has certified many MANY kama'aina in Hawai'i. She conducts CPR training for all industries, including Healthcare.

To sign up for this training or if you have any questions please email Farron Cabral at farron@wailukuhongwanji.org. Spots are limited to 20 participants so please sign up early if you are interested!

The end of 2024 is near and it has been a busy 1st guarter of the 4-H year for our Sakura Clubs. In November the Shining Stars made turkey casserole bags to give to Hale Makua for Thanksgiving. While the Aloha Girls, led by Aunty Krystle, made their own hand sewn ornaments. For many of them, this was their first time sewing. Leader Farron said, this really helped build their dexterity and also practice patience. They were all able to finish their own sewing projects and everyone was so proud of their work! Thank you, Aunty Krystle, for this fun and memorable craft activity!

In December the Lōkahi Girls hosted their first ever County 4-H event. It was a joyous occasion with over 50 fellow 4-H members from Maui, Lana'i and Molokai ranging in ages from Kindergarten to High Schoolers. With a little help and guidance from their moms, the girls helped decorate, plan activities like the Hot Cocoa Bar, Gingerbread House Decorating, Letters to Santa, hand print ornaments and the musical Saran Wrap game. They also collected canned food for the Maui Food Bank and helped their groups make candy reindeer ornaments to decorate trees at Hale Makua.

The Lōkahi Girls would like to thank their fellow Sakura Girls for their support in attending and helping with either their joyous spirits and help with one another. The girls learned a lot and will use what they learned to help improve on future events.

Friends Forever rang bells at Walmart in order to raise money for the Salvation Army's Red Kettle Campaign in November and in December they made Muddy Buddies using different types of Chex cereal, butter, chocolate chips, peanut butter, and powdered sugar. They used this to make goody bags for our Maui Police Department officers and staff.

After attending the County Christmas event, Friends Forever had their own club Christmas party. They drank more hot cocoa, played a holiday song emoji game, and cooked their own feast of spaghetti, garlic bread, antipasto salad, and cannoli poke cake.

The Sakura Clubs would like to wish everyone a safe holiday season with love and compassion for your family and friends.





Making reindeer ornaments for Hale Makua











Members from all Maui Nui clubs making ornaments



#### ADULT ORGANIZATIONS

### **Buddhist Women's Association News**

Gwen Hiraga

The BWA Memorial Service was held on December 1st, and we would like to extend our heartfelt thanks to all who attended. This meaningful service allowed us to honor and remember our dedicated members.

On December 15th, the BWA played a key role in the General Clean-up of the temple grounds, taking responsibility for cleaning both the Temple and the Nokotsudo. As we have emphasized in previous years, help is always needed for future clean-up days, and we encourage all BWA members to participate in these important efforts.

The following day, December 16th, a few dedicated BWA members helped with Omigaki, the annual cleaning and polishing of the altar ornaments. This task is vital to maintaining the beauty and sanctity of our temple, and we invite more members to join us in this important tradition.

In other news, the BWA 120th Anniversary Celebration Committee met on December 1st to begin planning for the event, which is tentatively scheduled for June 2025. More details will be shared as the date approaches.

We would also like to remind all BWA members that membership dues for 2025 should be sent to Sandy Matsuda or Phyllis Sato. Payments can be dropped off at the church office in the BWA tray.

A very Happy Birthday to our BWA members born in January: Susan Gushiken, Sylvia Ishikawa, Helen Ohigashi, Rachel Takamiya, Pat Tomita, Norma Jean Tamashiro, Betty Yamashiro, and Helene Yoshizawa! May you all have a wonderful year ahead. Please also join us in welcoming Kristen Takamiya as a new member of the BWA. We are so excited to have you join our community!









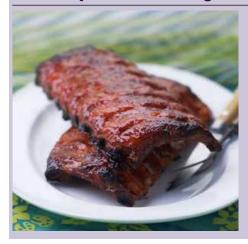


**BWA Members** honor & remember dedicated members at memorial service.





#### Chinese-Hawaiian BBO Courtesy of Gwen Hiraga



1 root ginger 1 clove garlic

½ cup Shoyu

½ cup white sugar

½ cup brown sugar ½ cup ketchup 1 tbsp Mirin

1 tsp salt

1.5 - 2.5 pounds baby back ribs\*

Mix together all ingredients. Let sit. Boil ribs until cooked. Drain and remove fat. Slice into individual rib pieces. Marinade cooked ribs for 24 hours. Place in baking pan and heat in oven (325) degrees for 30-45 minutes).



#### DHARMA TALK

### Remembrance

Kyla Manley

Good morning, everyone. The theme for today's talk is remembrance. I was having a hard time finding ideas and topics about this. I kept finding a lot on remembrance regarding people who have just passed away. Not the kind of remembrance topics I was looking for. However, I stumbled upon something that I had not heard of before and it caught my attention.

Now I have a question for you. By show of hand who here has heard about the 5 Remembrances? Thank you. Now by a show of hands who knows what the 5 Remembrances are?

The 5 Remembrances are:

- 1. I am of the nature to grow old. I cannot escape old age.
- 2. I am of the nature to grow ill. I cannot escape sickness.
- 3. I am of the nature to die. I cannot escape death.
- 4. I will be separated from everything and everyone I hold dear.
- 5. My only true possession is my actions.

I had not heard of these before starting my talk. But it interested me. The 5 Remembrances are a middle ground between the Four Noble Truths and the Noble Eightfold Path. They are considered the foundation for walking the Noble Eightfold Path.

These five remembrances are simple yet profound reflections, and they are recited to remind ourselves of the impermanence of all things. Each remembrance challenges us to confront the reality of life, urging us to live in a way that acknowledges this truth and cultivates wisdom, compassion, and acceptance.

The first one: I am of the nature to grow old. The first remembrance is the recognition that we are all subject to aging. Our bodies change over time. We age, our health declines, and we get weaker. This is an undeniable fact of life. The Buddha taught that everything is impermanent, and aging is one of the clearest reflections of that impermanence. By acknowledging this truth, we can learn to let go of attachment to youth or physical beauty, understanding that each phase of life has its own unique gifts. Aging is not something to fear, but something to embrace with grace and wisdom.

The second: I am of the nature to grow ill. The second remembrance reminds us that we are all subject to illness. Our health is fragile and constantly changing. Disease, injury, and sickness can come at any time, without warning. Understanding this truth is not meant to bring fear, but to cultivate compassion for ourselves and others. When we experience illness, we can meet it with patience and mindfulness, and when others suffer, we can be more empa-

thetic, offering support and care. This reflection encourages us to take better care of our health while understanding that we cannot control everything.

The Third: I am of the nature to die. The third remembrance is perhaps the most sobering—death is inevitable. Each of us will pass away one day, and we do not know when that will be. The Buddha's teachings on death urge us not to shy away from this reality but to use the awareness of our mortality to live more fully. Recognizing that life is short helps us prioritize what truly matters, and it encourages us to live with greater urgency in cultivating wisdom, compassion, and kindness. It also reminds us to cherish every moment, knowing that it is fleeting.

When I started researching the 5 Remembrances it explained that the first 3 are the very first struggles that prince Shakyamuni witnessed when he first left the protection of the castle. Each of these 3 remembrances help us to savor the life we have now and not to grasp for permanence. It is when we cling to youth, health and life that we suffer. We focus on worrying about the future instead of focusing on what we have in front of us.

The fourth: I will be separated from everything and everyone I hold dear. The fourth remembrance acknowledges that everything we hold dear, whether it be our possessions, relationships, or achievements, is subject to change and separation. We are born into relationships, and we grow to love those around us-our families, friends, and even pets. However, just as we experience the reality of aging and death, we also face the impermanence of connection. People we love may move away, our possessions may break or be lost, and relationships may change or end. By reflecting on this, we are reminded not to become overly attached or possessive. Instead, we can learn to cherish each moment with our loved ones, appreciating the time we have together.

These 4 Remembrances are all about realizing the truth that change, old age, sickness and death are all unavoidable. By dwelling on these we all focus on things that we cannot control and cannot change.

The fifth: My only true possession is my actions. The final remembrance speaks about our responsibility. It teaches us that we are the owners of our actions. Our thoughts, words, and deeds have consequences, and we are accountable for them. This remembrance encourages us to practice mindfulness and ethical conduct, knowing that our actions shape our future experiences. By understanding that we are the result of our past actions and that our present actions will shape our future, we

are empowered to live with intention. We can choose to act with kindness, generosity, and compassion, and as a result, create positive ripples in the world around us. Our actions, thoughts, and words shape our experiences. This remembrance emphasizes personal responsibility and the law of karma — the understanding that the choices we make now will influence our future. It reminds us to act with kindness, mindfulness, and integrity.

The 5th Remembrance is something I am actively trying to teach my son. I always tell him you are allowed to feel any emotion you want in a situation. However, it's how we react or respond to it that matters. Just because someone makes us mad or sad doesn't mean we can do the same thing back to them. There are so many other sayings that go with this. Kill them with kindness. An eye for an eye leaves the whole world blind. Everything has an equal and opposite reaction. No matter how you say it what we do matters. Everything we do will come back to us. We do good and good continues to come our way. We do something bad and something bad will come our way.

When I was reading about these, I remembered what my mom would tell me and my siblings. "Stop borrowing stress from tomorrow". Of course, as you get older these kinds of sayings make more sense. I shouldn't worry about what has yet to happen because I have no control over it.

I also read another article that said the 5 Remembrances reiterate the Four Noble truths:

- 1. There is suffering
- 2. There is cause of suffering
- 3. There is a way to end suffering
- 4. The Path to end suffering

There is suffering and the cause of the suffering is that we are focusing on the change, growing old, getting sick and dying.

The way to end the suffering is to be in the present. Focus on the now. The path to end the suffering is the Eightfold Path.

This is how the 5 Remembrances, The Noble Truths and the Noble Eightfold path are all connected.

In summary, the Five Remembrances help us face the realities of life with awareness. They guide us in accepting the impermanence of the world around us while cultivating wisdom and compassion. By contemplating these five truths, we can approach life with more mindfulness, appreciate the fleeting moments we have, and live in a way that fosters peace and harmony both within ourselves and in our relationships with others.

May we all remember these teachings and use them to live more fully, wisely, and kindly. Thank you.

#### ANNOUNCEMENTS

### Fukunaga Dana Award Presentation

One of the most prestigious recognitions a member may receive from our temple is the Tadaichi Fukunaga Dana Award. This award is presented to members who have demonstrated sustained selfless and compassionate actions. Established in 1982, the award is named after Tadaichi Fukunaga, who was known for his dedication to the Shin Buddhist value of Dana (Selfless giving). Mr. Fukunaga served as a temple officer and director of our temple, and as an advisor to the Honpa Hongwanji of Hawaii.

To qualify for this award, a member must be an active and contributing member of the Sangha, participates in community organizations, regularly attends Sunday and major services, practices the Buddhist teachings of Dana, helps propagate the Buddhist teachings, listen to the Dharma, and contributes to his/her temple, family and community.

Recent Award Recipients include:

- 2023: None Presented due to Maui Wildfires
- 2022: Ronald Fukumoto
- 2021: Eric Ikeuchi
- 2020: None Presented due to COVID 19 Pandemic
- 2019: Hideo Kawahara & Betty Yamashiro

Please join us on January 18, 2025 at our annual Sokai and Shinnenkai to congratulate the 2024 awardee.

the 2024 awardee.

Happy 106th Birthday
Ms. Misao Tengan!! Her

party was held on October

19th at Tante's Restaurant.



#### **ANNOUNCEMENTS**

### 2025-2026 Kyodan Officers will be Installed at Sokai on January 18th

The following individuals were elected to serve on the Wailuku Hongwanji's Board of Directors for the years 2025 and 2026. The officers will be installed at the annual Sokai by Reverend Shinkai Murakami on Saturday, January 18, 2025.

Chairman of the Board
Vice Chairman of the Board
Director of Properties
Director of Records
Director of Religious Affairs
Director (BWA)

Michael Munekiyo
Gary Murai
Ronald Fukumoto
Faith Tengan
Tamara Manley
Gwen Hiraga

Director (Dharma School)

DirectorDirector

DirectorDirector

• Director

• Director

DirectorDirector

• Director

• Director

· Preschool Representative

Gary Murai Ronald Fukumoto Faith Tengan Tamara Manley Gwen Hiraga Joan Tamori Laurie Fukushima Robyn Garner Susan Gushiken Franklin Hamasaki Eric Ikeuchi Aldon Mochida Gregg Okamoto Shelley Quipotla Danny Topp

Luly Unemori

Jody Vinoray

#### **APPRECIATION**

# Kyodan Board Extends Gratitude for New Year's General Cleanup

The Kyodan Board of Directors would like to express their heartfelt appreciation to all temple members, families, and friends who generously volunteered their time and efforts during the New Year's General Cleanup held on Sunday, December 15.

A special thank you goes to the Dharma School teachers and parents, who thoughtfully prepared a delicious snack and lunch for all the volunteers, ensuring everyone had a muchneeded break and enjoyed a warm meal after their hard work.

We would also like to extend a heartfelt mahalo to the Boy Scouts and their leaders, who dedicated their Saturday to power washing the second floor of the social hall, stairs,

breezeway of the temple, and the Nokotsudo stairs. Their hard work continued on Sunday, when they returned to clean the second-story social hall windows, helping ensure the temple was spotless and ready for the new year.

A sincere thank you to the Cub Scouts, who did a wonderful job cleaning the windows, floors, and ceiling fans in the social hall, bringing their energy and enthusiasm to every corner of the space.

We are grateful to the 4-H members and their parents, who took the time to clean the glass on the sliding doors, helping to enhance the temple's overall appearance and welcoming atmosphere.

The Buddhist Women's Association (BWA) members also deserve a special mention for their dedication. They were instrumental in dusting, sweeping the hall, cleaning the floors, wiping down surfaces, and carefully taking down the temple ornaments for polishing on Monday. They returned on Tuesday to reinstall the beautifully polished ornaments, ensuring the temple was in perfect condition.

Finally, our thanks go to the Judo Club members, who diligently cleaned the kitchen filters and hoods and then returned on Sunday to clean their dojo, ensuring every area of our temple was well cared for and ready for the year ahead.

The Kyodan Board is truly grateful for the time, energy, and teamwork that went into making this cleanup a success. Your collective efforts help maintain the temple as a beautiful and welcoming space for all.

#### **ANNOUNCEMENTS**

### Welcome 2025 at Wailuku Hongwanji's New Year's Service

Michael Munekiyo

The Sangha and friends of Wailuku Hongwanji are invited to our annual New Year's Eve Service which will be held on Tuesday, December 31st at 11:15 p.m. Reverend Murakami will deliver his New Year's reflections at the service, which will be followed by the traditional lighting of firecrackers at 12:00 midnight. Fellowship time in the Social Hall will follow with light refreshments. Join us as we welcome the New Year of 2025 with joy and gratitude.

#### **ANNOUNCEMENTS**

### General Membership Meeting Saturday, January 18, 2025

The Wailuku Hongwanji Board of Directors invites member to the Annual Sokai (General Membership) meeting and Shinnenkai (New Year's Party), which will be held at the temple on Saturday, January 18, beginning at 5:30 p.m. At the Sokai, the Finance Committee will present the 2025 Kyodan Budget. In addition, the Tadaichi Fukunaga Dana Award will be presented.

Following the meeting, members will adjourn to the Social Hall for the New Year's party. A donation of \$5 for each participating family (two or more individuals) and \$3 for each single participating member is kindly requested. The donation will assist the Sokai Planning Committee get an accurate dinner count.

Please call the office at 808-244-0406 if you plan to attend. The deadline for your reservation is Sunday, January 12, 2025.

#### **ANNOUNCEMENTS**

### 2025 WHM Calendar Available December 15

Make your way to the temple office during business hours and claim your copy of the 2025 Wailuku Hongwanji calendar. It is a must-have for the upcoming year!

Please note: Because of the inflated cost of mailing the calendar, you are asked to pick up your calendar in person; you get a chance to enjoy its unique features and take a moment to connect with your temple community.

Do not miss out come to Sunday Service to secure your 2025 calendar. Let us kick off the new year together!

#### **ANNOUNCEMENTS**

### 2024-2025 Social Concerns Fund Drive

Michael Munekiya

The Honpa Hongwanji Mission of Hawaii is again reaching out to its members asking for support of the Hawaii Kyodan's annual Social Concerns Fund Drive. Monies raised will support worthy organizations and programs, and will provide compassionate aid during times of disasters affecting our local, national and world communities.

The Social Concerns Committee has supported critical needs, including the distribution of approximately \$300,000 to members of Lahaina Hongwanji and the Maui community in the aftermath of the devastating wildfires of August 2023. Funds have also been provided for improving mental health care, building community resiliency, and humanitarian aid in Gaza, as well as relief efforts in Japan in the aftermath of the Noto Peninsula Earthquake.

The Committee continues to award Golden Chain Grants to help nurture Sanghabased compassionate action and launched the Dana Matching Grant Program to multiply the impact of charitable giving by organizations in the Hawaii Kyodan Ohana.

The fund drive will begin November 1, 2024, and run through August 31, 2025. Envelopes for donations will be distributed via our monthly newsletter, or can be picked up at the Temple office.

#### ANNOUNCEMENTS



Krispy Kreme BOGO cards are available in the temple office for \$25 each. With the card, members may purchase any dozen donuts at regular price and receive one dozen Original Glazed Donuts free—that is \$25 for 10 free dozen. Please make check payable to Wailuku Hongwanji Mission.

#### **ANNOUNCEMENTS**

### Help Wanted Frank Hamasaki

Wailuku Hongwanji Buddhist Temple seeks a volunteer for an hour of dana each week. Responsibilities include taking out 5-10 trash bags (including floral waste) to the bin, ideally on Fridays, though Saturday or Sunday is acceptable. The bags weigh 10-35 lbs, and the waste is collected by the trash company on Mondays.

We are especially looking for a high school student seeking community service for college applications. If interested, please call the office at (808) 244-0406 during business hours: M-F, 8:00am - 12:00pm.

#### **ANNOUNCEMENTS**

### Temple Wish List

We kindly request your support in contributing to our temple's wish list, which includes essential items to enhance our space and activities. Your generosity is greatly appreciated.

- Aluminum Foil
- 12 Cups and larger coffee filters
- Forever postage stamps
- 33 Gal. Trash Bags (No Flex Tech)
- 18 Gal. Kitchen Trash bag w/ draw string (No Flex Tech)
- Paper Towels
- Hashi (chop sticks)
- 7" Dessert Plates
- 12oz Bowls
- Coffee: Folgers or Yuban
- Clear Carton Packing Tapes
- General Use Masking Tapes (1")
- Ziploc bags (sandwich, quart, gallon)
- Duct Tape
- Napkins
- 15# Bag rice
- 9" Lunch plates
- Blue Painters tape
- Antibacterial hand soap
- 9 oz. Cold cups
- 9 oz. Hot cups

#### **ANNOUNCEMENTS**

### January 12th Ho-onko (Shinran Shonin's Memorial Service) Speaker

Reverend Shinkai Murakami, Resident Minister at Wailuku Hongwanji Buddhist Temple, will be the guest speaker at the annual Ho-onko Service, which will be held on Sunday, January 12, beginning at 9 a.m.

This Ho-onko Memorial Service is held in memory of Shinran Shonin, the founder of the Jodo Shinshu Sect, near the date of his death (January 16). Ho onko is the best known of all Shin services. It is a time to express our gratitude to the founder of the Shin Buddhist tradition. It is a time when we can think about the teachings of Shinran Shonin with deep appreciation in our hearts and resolve to dedicate oneself in the service of others to truly make our world friendlier and happier for all humankind. On the anniversary of Shinran Shonin's death, let us pause, reflect, and resolve to dedicate ourselves to make this a better world for everyone.



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Hawaii *temples* have already ordered copies to replace the current edition. *Individuals* are invited to submit orders for personal copies and gifts to others. You may see a Table of Contents by contacting the HHMH Bookstore at 808-522-9202 (hgbooks@honpahi.org).

ORDER BOOKS AT THE **PRESALE PRICE** OF **\$15** PER HARDBACK COPY DURING PRESALE **DECEMBER 1, 2024** UNTIL **JANUARY 31, 2025.** AFTER JANUARY 31, 2025, THE **REGULAR** PRICE WILL BE **HIGHER**. (A shipping charge will apply.)

Order directly from Honpa Hongwanji Mission of Hawaii Bookstore: telephone 808-522-9202, email (hqbooks@honpahi.org).

### MEMORIAL SERVICES

### January Hoji Memorial Services



#### 1st YEAR MEMORIAL - 2025

#### DAY NAME

- 11 Ralph Takao Marushige (RYU KYO)
- 20 Shiori Yamashiro (JO RAKU)

#### 3rd YEAR MEMORIAL - 2023

#### DAY NAME

- Takeo Igawa (ZEN YU)
- 23 Harold Hiroshi Kusunoki (KO DO)

#### 7th YEAR MEMORIAL - 2019

#### DAY NAME

28 Dorothy Reiko Murakami (CHO RAI)

#### 13th YEAR MEMORIAL - 2013

#### DAY NAME

- 08 Etsuko Ogawa (ETSU NEN)
- 09 Jinsei Miyashiro (JIN GAN)
- 20 Nancy Yumiko Ushiro (KAKU RYO)
- 22 Sumiye Yamasaki (SHO EN)
- 31 Beatrice Atsuko Kashiwa (AN SHO)

#### 17th YEAR MEMORIAL - 2009

#### DAY NAME

- 02 Akira Taguchi (MYO SHO)
- 21 Tsugi Miyazaki (E TAI)

#### 33rd YEAR MEMORIAL - 1993

#### DAY NAME

- 09 Jimmy Nakamaru (MYO ZEN)
- Fuzen Teruya (KAKU ZEN)
- 28 Yoshi Miyamoto (MYO ZEN)

#### 50th YEAR MEMORIAL - 1976

#### DAY NAME

11 Tsunemasa Matsuda (JYO TAI)

To schedule your family member's memorial service, please contact the main office at (808) 244-0406, Monday-Friday between 8:00am and 12:00pm.

#### **REFERENCES**

### Organization & Project Sign-Up Info

Interested in joining an affiliate organization, club, association, or looking to volunteer or donate to a project? Below is a list of sponsored organizations and ongoing or upcoming projects at Wailuku Hongwanji and their contact information. We look forward to seeing you and your family, and thank you in advance, for any monetary donations you make to support our efforts!

Altar Flower Donations	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Buddhist Womans Association (BWA)	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Boy Scouts	Call (808) 250-1891 or email msdel17@hotmail.com
Buddha Reads Book Club	Call the main office at (719) 200-7300 or email Buddha.reads@gmail.com
Choir	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Cub Scouts	Call (808) 280-1299 or <u>cubpack40@gmail.com</u>
Dharma School	Call the main office at (719) 200-7300 or email whm@wailukuhongwanji.org
Dharma Strummers	Call the main office at (808) 244-0406 or email Wailuku.hongwanji.mission@gmail.com
4-H	Call the main office at (808) 244-0406 or email WHMSakura4H@gmail.com
Gakuen (Japanese Language School)	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Hosha Day Clean-up (First Thursday of Month)	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Junior Young Buddhist Association (Jr. YBA)	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Judo Club	Call (808) 244-9094 or email rhiyakumoto@hawaii.rr.com
Karate	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Kendo	Call (808) 244-2650 or email michael.sone@gmail.com
Office Support	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Preschool	Call the Preschool at (808) 244-9545 or email whpreschool808@gmail.com
Facility Rentals	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Sunday Morning Announcements	Call the main office at (808) 244-0406 or email Wailuku.hongwanji.mission@gmail.com
Volunteer Opportunities	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Website & Facebook	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org
Yard & Facility Maintenance	Call the main office at (808) 244-0406 or email whm@wailukuhongwanji.org

# FRIEND OF THE DHARMA Publishing Staff

**Submission Deadline** is the 15th of the month, prior to the publication date. Submit to <a href="mailto:robynmgarner@gmail.com">robynmgarner@gmail.com</a>

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The Friend of the Dharma is published monthly. The opinions written by individual contributors are their own and do not necessarily reflect those of the Wailuku Hongwanji Buddhist Temple.

#### CALENDAR OF EVENTS

### January / February 2025

